


# Realizing the Promise and Potential of Gamification

Michael Wu, PhD (@mich8elwu)  
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2022.05.20



**PROS.**

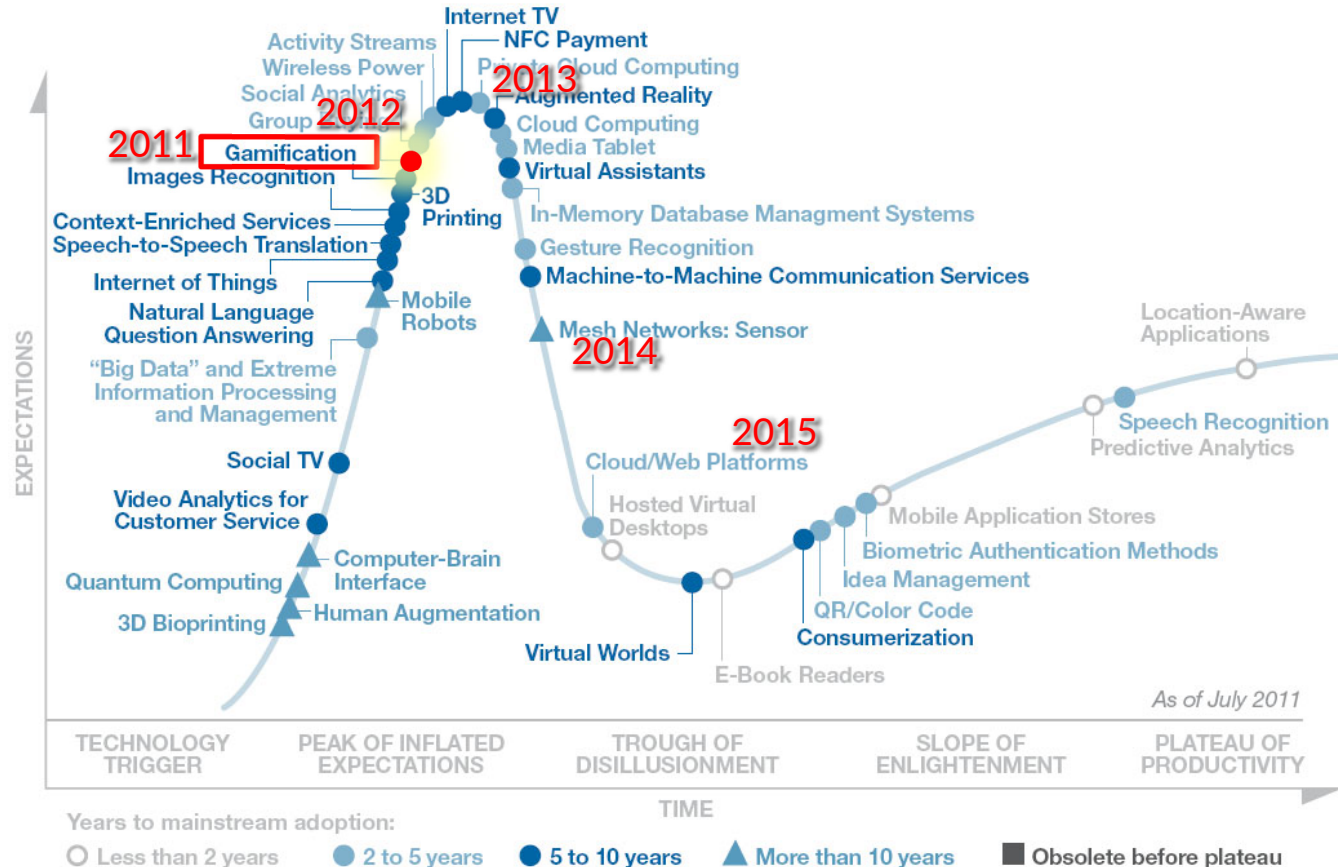


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# what is gamification?

## Hype Cycle for Emerging Technologies, 2011



**50%**

of orgs that manage innovation process will gamify those process by 2015

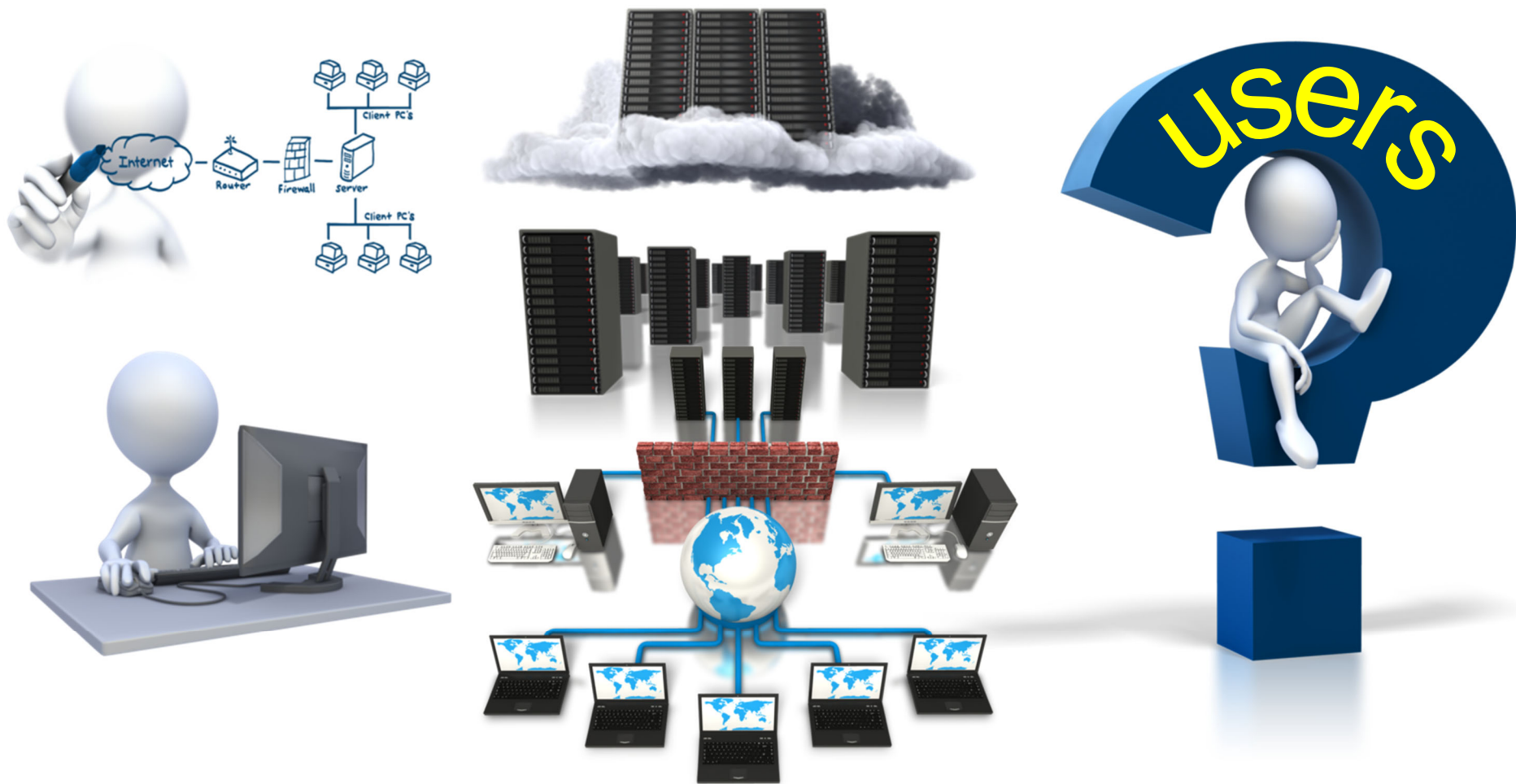
**70%**

of global-2000 orgs will have at least 1 gamification application by 2014

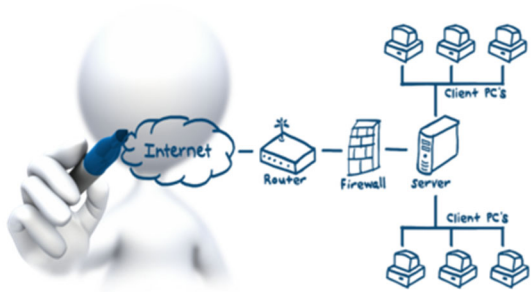
**\$2.8B**

in direct spending on gamification by 2015

# gamification = applied behavioral economics



# gamification = applied behavioral economics



**motivation:** why would a user want to click this button

**ability:** do they have all the needed resources to click it? time, permission, etc.

**trigger:** is there a call to action?



**temporal convergence**





WORLD  
WARCRAFT  
WRATH of the LICH KING

# gamification sounds easy, but it's not

**Gartner**

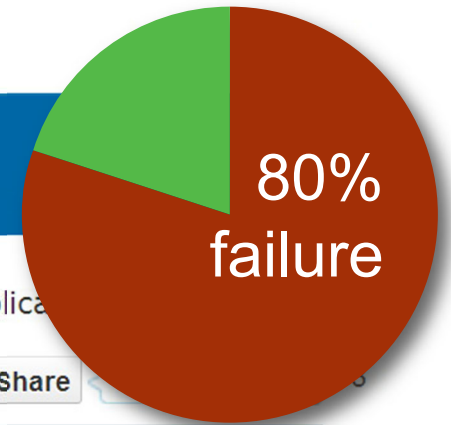
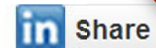
WHY GARTNER ANALYSTS RESEARCH EVENTS CONSULTING ABOUT

## Newsroom

[Newsroom](#) \ [Announcements](#) \ Gartner Says by 2014, 80 Percent of Current Gamified Applications Will Fail to Meet Business Objectives Primarily Due to Poor Design

Press Release

Share:



STAMFORD, Conn., November 27, 2012

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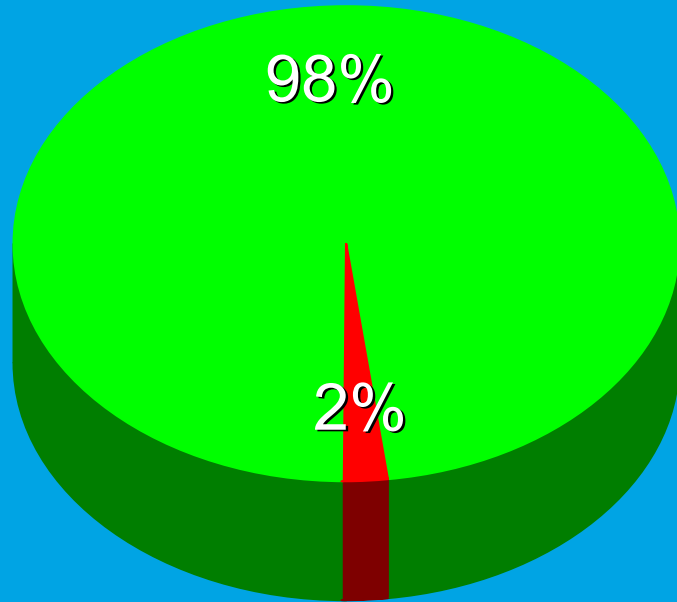
### Gartner Says by 2014, 80 Percent of Current Gamified Applications Will Fail to Meet Business Objectives Primarily Due to Poor Design

Analysts Discuss Key Issues During Complimentary Webinar, "Gamification Trends and Strategies to Help Prepare for the Future" on November 28

ex: hotel or airline loyalty programs







● Yes

● No

do you participate in any travel based loyalty programs?

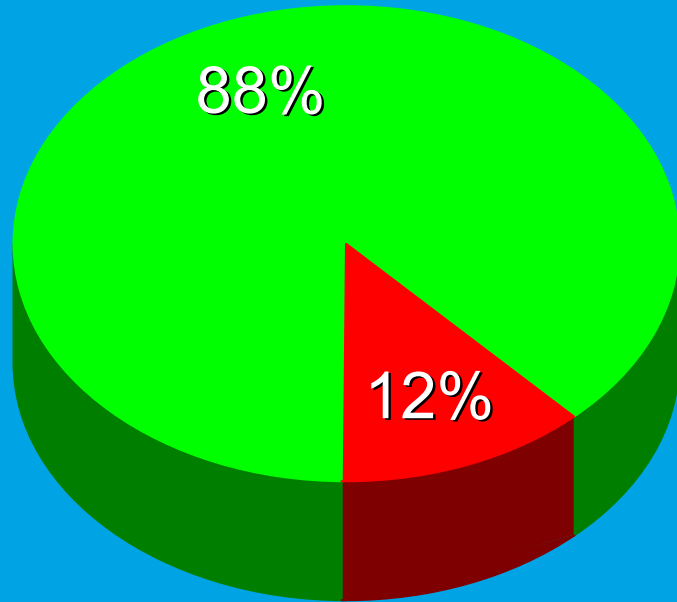
(e.g. frequent flyer programs with airlines, hotel reward programs, etc.)

n=1273

do you have more than one of these programs?

(e.g. with different airlines & hotels)

n=1273



● Yes

● No

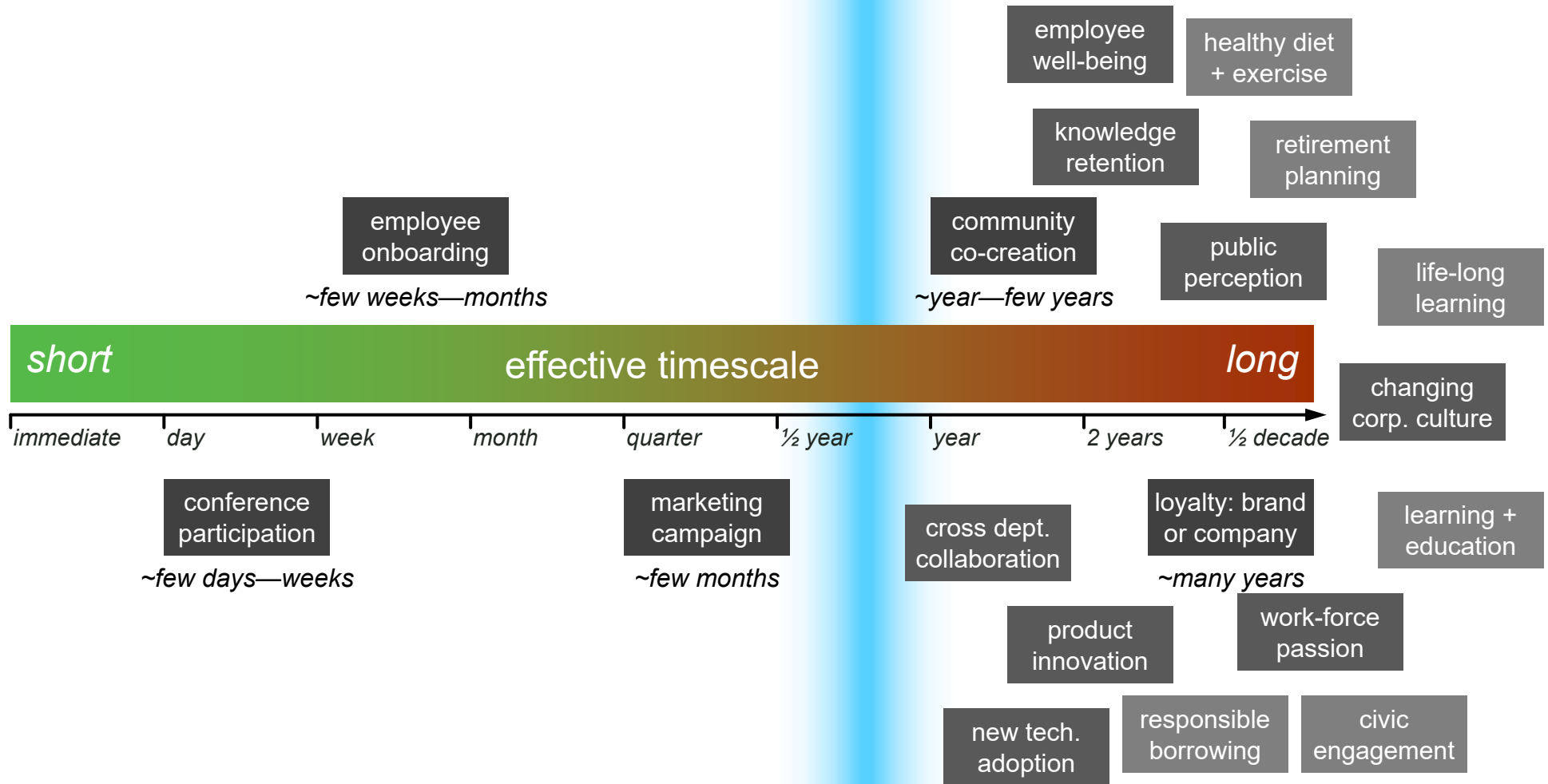


← SHORT TERM

LONG TERM →



# the problem's effective timescale





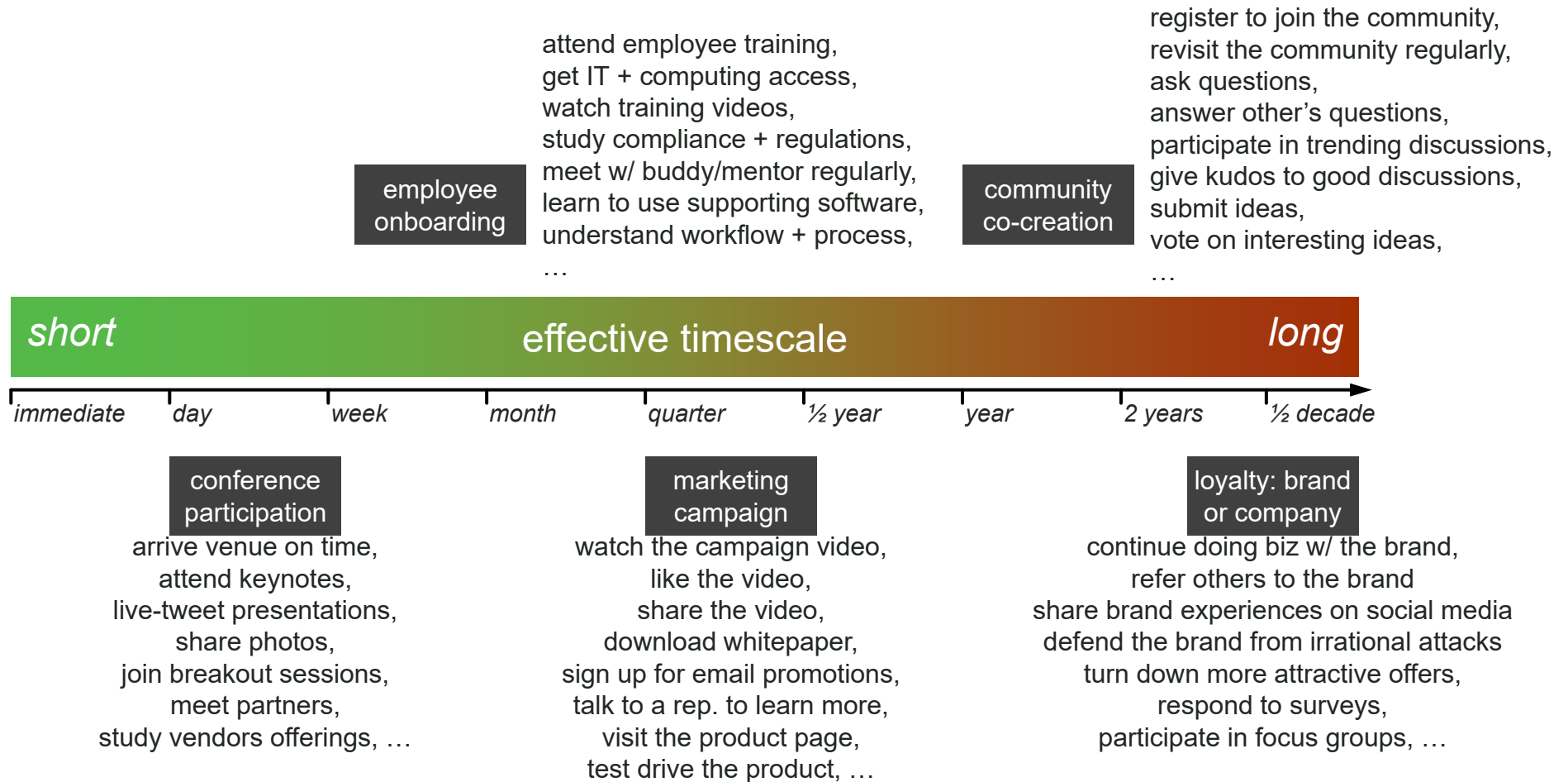
in theory

**we just need to know the  
outcome we want to  
drive with gamification**

business outcome  
is the result of a multitude  
of human behaviors



# every behavior change involves many granular behaviors



# every behavior change involves many granular behaviors

## employee onboarding

attend employee training,  
get IT + computing access,  
watch **15** training videos,  
study compliance + regulations,  
meet w/ buddy/mentor **1x/week**,  
learn to use supporting software,  
understand workflow + process,  
...

## community co-creation

register to join the community,  
revisit the community **2x/week**,  
ask **1** questions by **end of month**,  
answer **3** questions from others,  
participate in **1 discussions/month**,  
give **5** kudos to good discussions,  
submit **1** ideas/quarter,  
vote on interesting ideas,  
...

short

effective timescale

long

immediate   day   week   month   quarter   ½ year   year   2 years   ½ decade

## conference participation

arrive venue on time,  
attend **3** keynotes,  
live-tweet presentations,  
share **10** photos,  
join **5** breakout sessions,  
meet **3** partners,  
study **3** vendors offerings, ...

## marketing campaign

watch **5** campaign video,  
like **3** video,  
share **1** video,  
download **2** whitepaper,  
sign up for email promotions,  
talk to a rep. to learn more,  
visit the product page,  
test drive the product, ...

## loyalty: brand or company

repeat biz w/ the brand **over 5 years**,  
refer **1** friend to the brand/**year**  
share **1** brand experiences on social media  
defend the brand from irrational attacks  
turn down more attractive offers,  
respond to **3** surveys,  
participate in **1** focus groups, ...





tenet #1

understand *all* the  
behaviors you want to  
drive—in *granular* detail

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**software engineers are adept at dealing with granular details of complex systems**



design science



behavior science



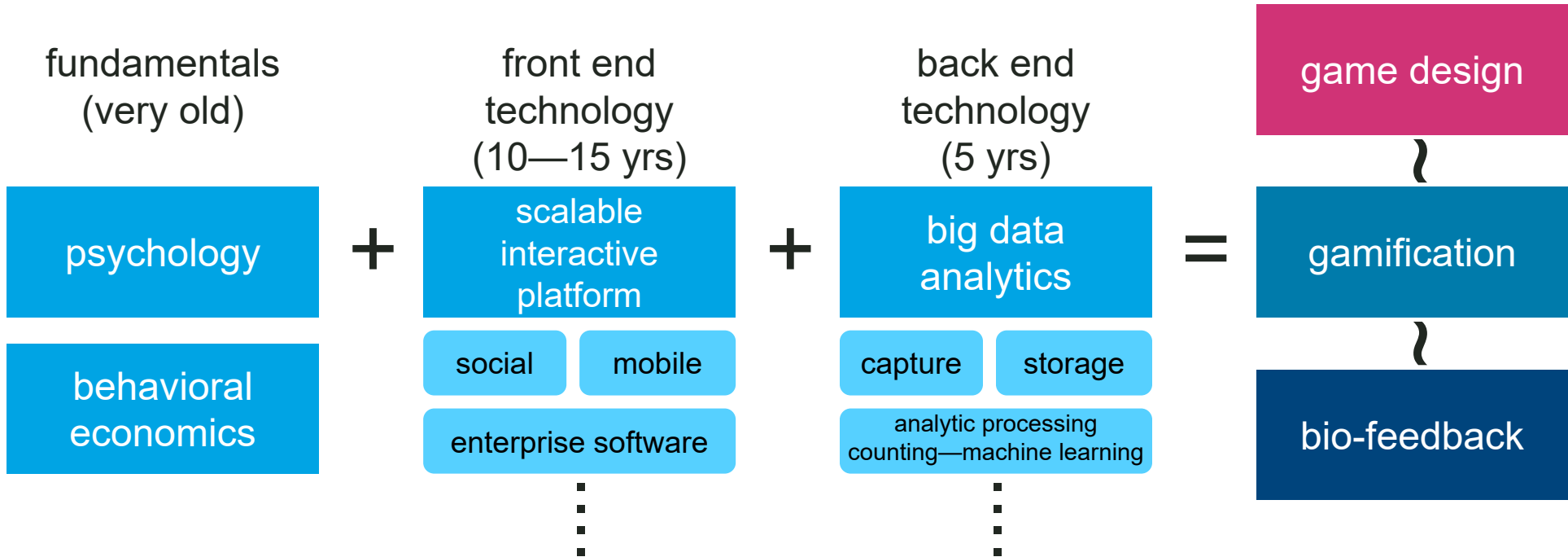
in theory

use behavior science  
(psychology, behavior  
econ, etc) to design  
behaviors drivers

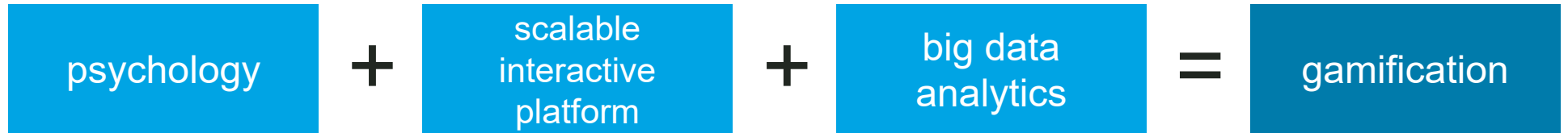
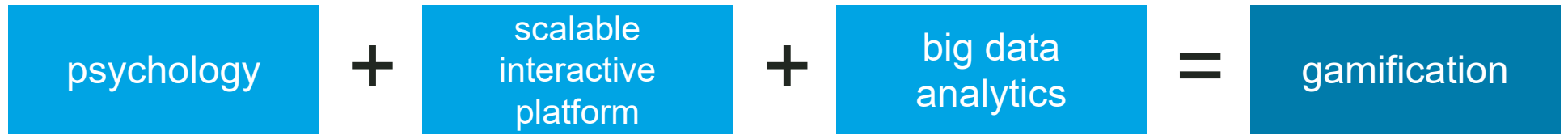


gamification through a  
different lens

# gamification from a different lens



# gamification from a different lens



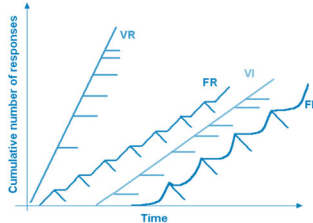
# gamification from a different lens



Maslow: hierarchy of needs



Watson + Skinner: conditioning



Ryan+Deci: self-determination

Festinger: cognitive dissonance

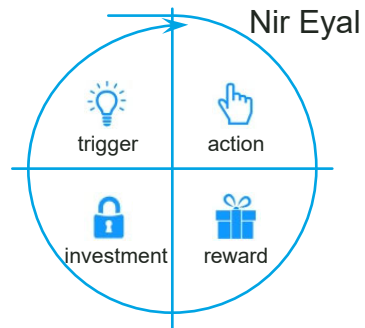
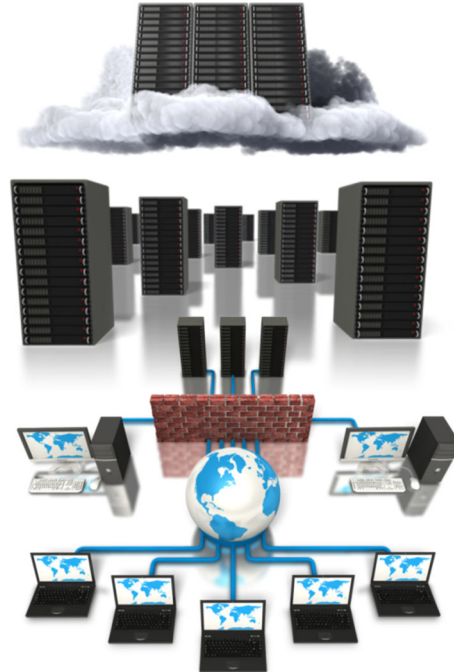
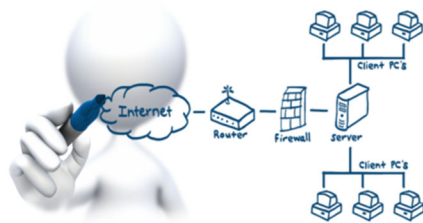
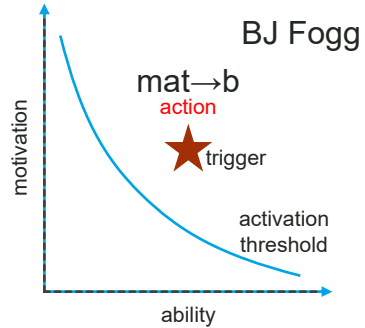
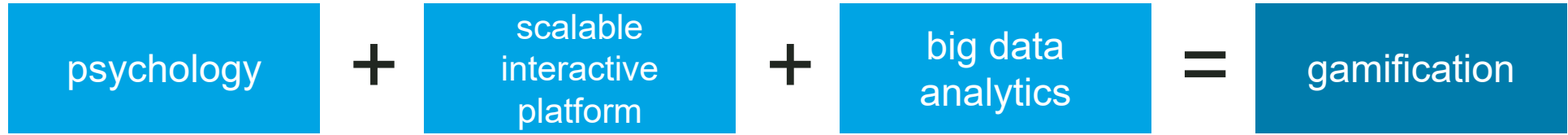
Heider: attribution theory

Fishbein + Ajzen: reasoned actions

Bandura: self-efficacy theory



# gamification from a different lens



# gamification is really a big data discipline

requires a lot of data:  
for feedback/reinforcement

understand player behaviors,  
intrinsic motivation, cheating  
etc.

fairly reward players  
compare player performance  
etc.



data

track all  
player behaviors

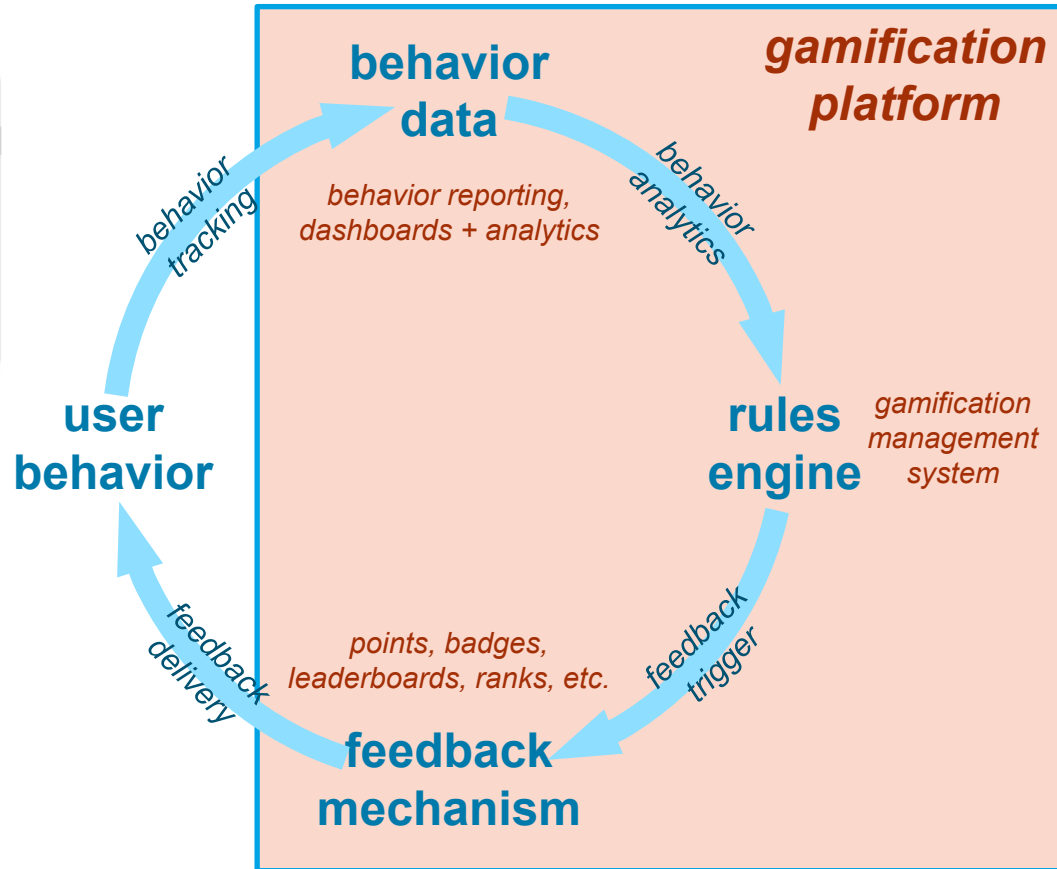
drive desired  
player behaviors

generates a lot of data:  
from the driven behaviors

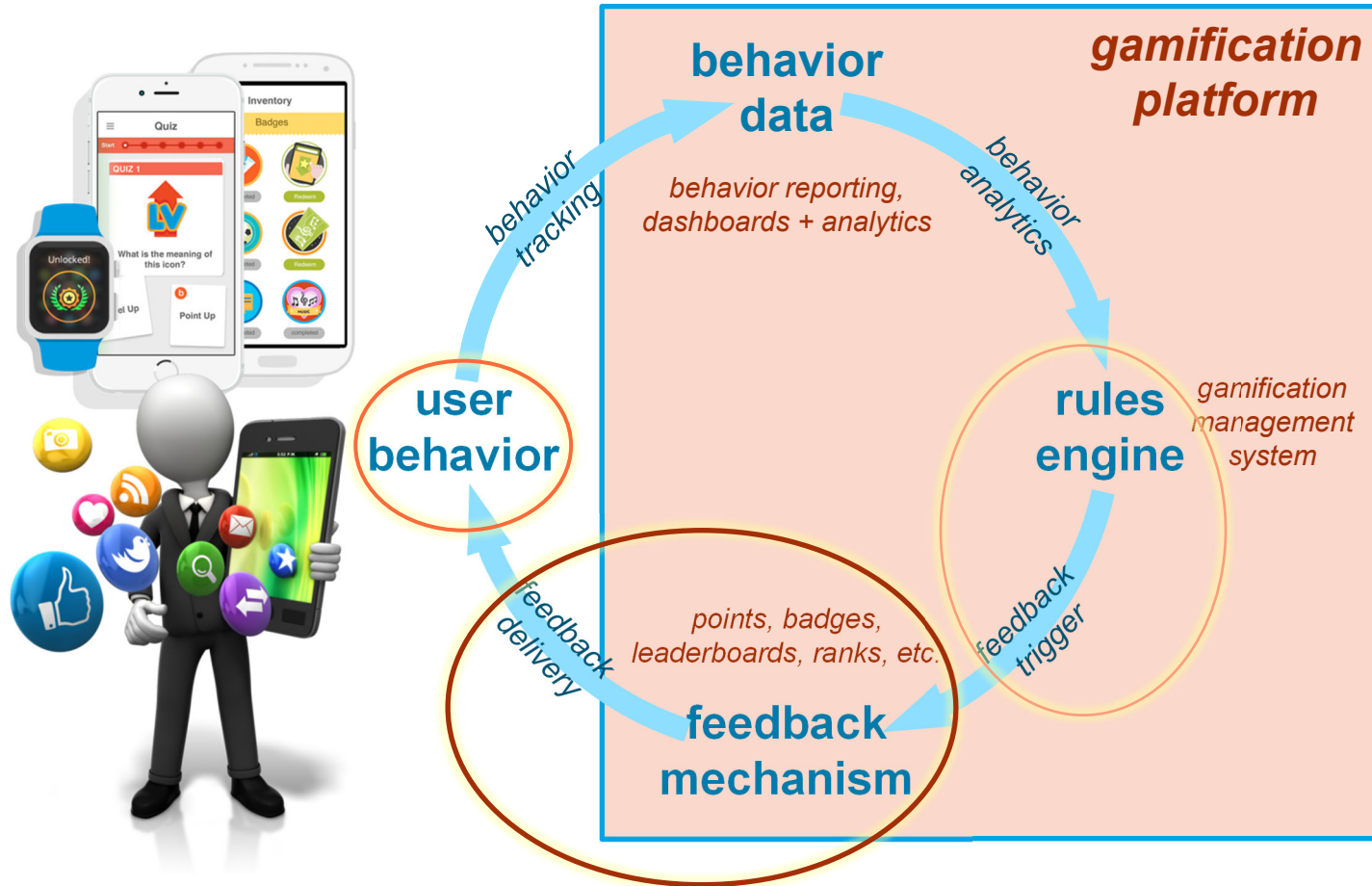
# gamification is really a big data discipline



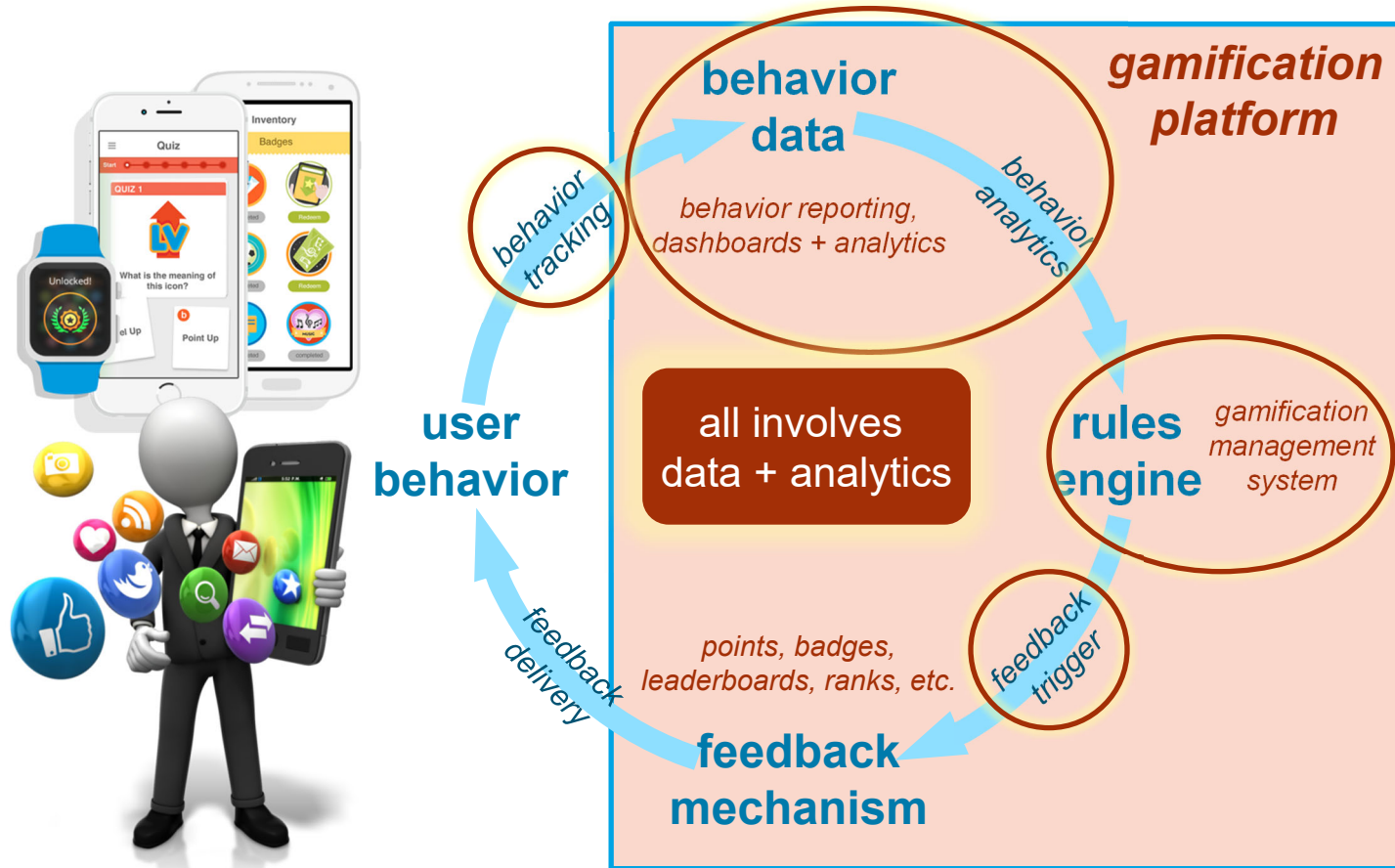
# components of gamification system



# where did the industry focus?



# opportunities for advancement



# what behavior(s) can gamification drive?

**any behavior(s) that you can measure and track accurately**

- data science + stats → measurement
- technology → tracking large scale

**and feedback to the users reliably and effectively**

- tech + design → reliable feedback
- behavior science → effectiveness

$$N=S/h$$

**Scientists have announced a new unit to accurately measure narcissism:**  
*the Selfie per hour.*





tenet #2

you can't change a behavior that you don't measure



A close-up photograph of a person's hands typing on a laptop keyboard. The laptop screen is visible in the background, displaying lines of HTML code in a light blue font against a dark background. The text is slightly blurred, suggesting motion or a shallow depth of field. The overall lighting is dim, with a cool blue-green tint. The text overlay is centered and reads: 

**software engineers have more background and training to be successful in data science**

# Mihaly Csikszentmihalyi: flow

**flow: an optimal state of intrinsic motivation**

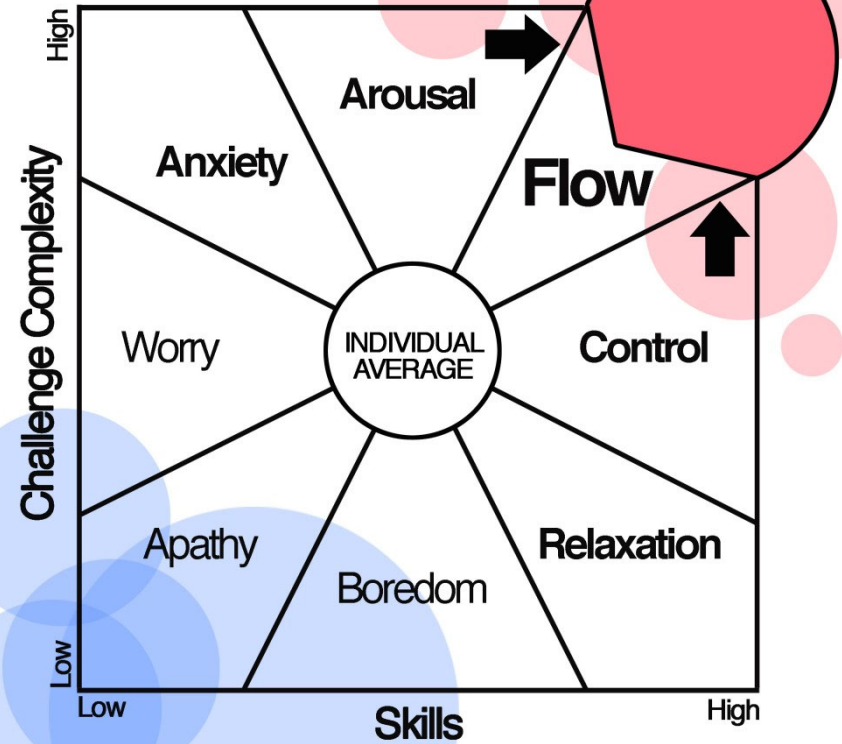
- forget about physical feelings (e.g. hunger, sleep), passage of time, and their ego

**skill ~ challenge → flow**

**certainty vs. uncertainty**

- people love the **control** state
- hate the **boredom** state
- like **arousal**
- dislike **worry**

## Flow.



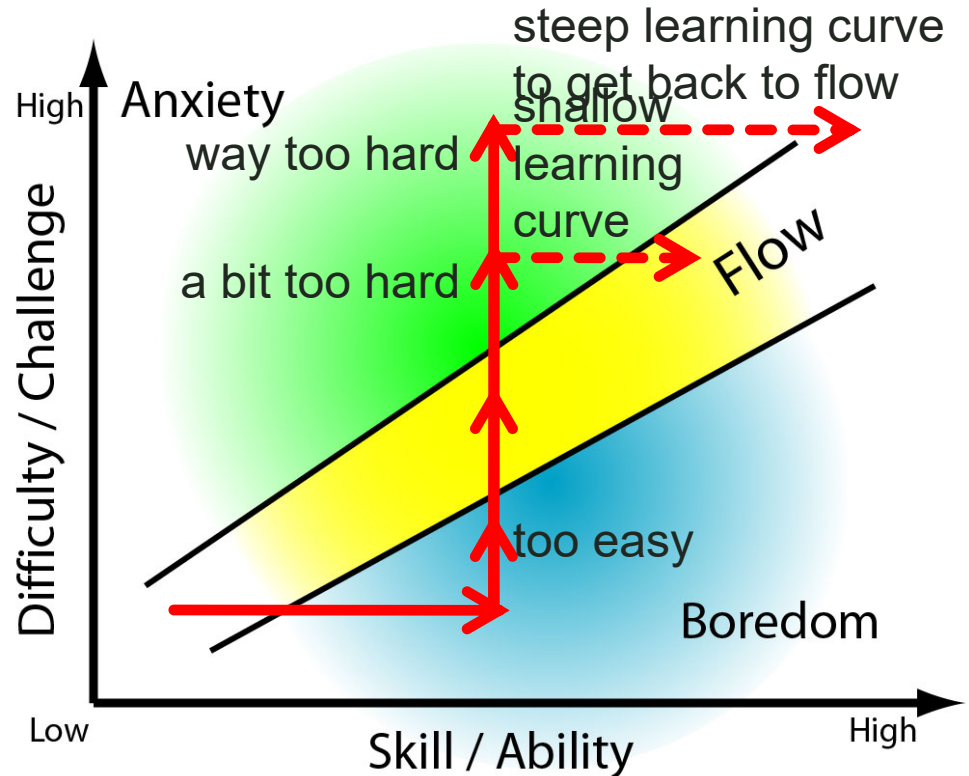
adapted from Csikszentmihalyi (2004)

# Mihaly Csikszentmihalyi: Flow

people acquire skills over time  
→ move into the boredom state

we are motivated by challenges, surprises, and varieties, to avoid boredom

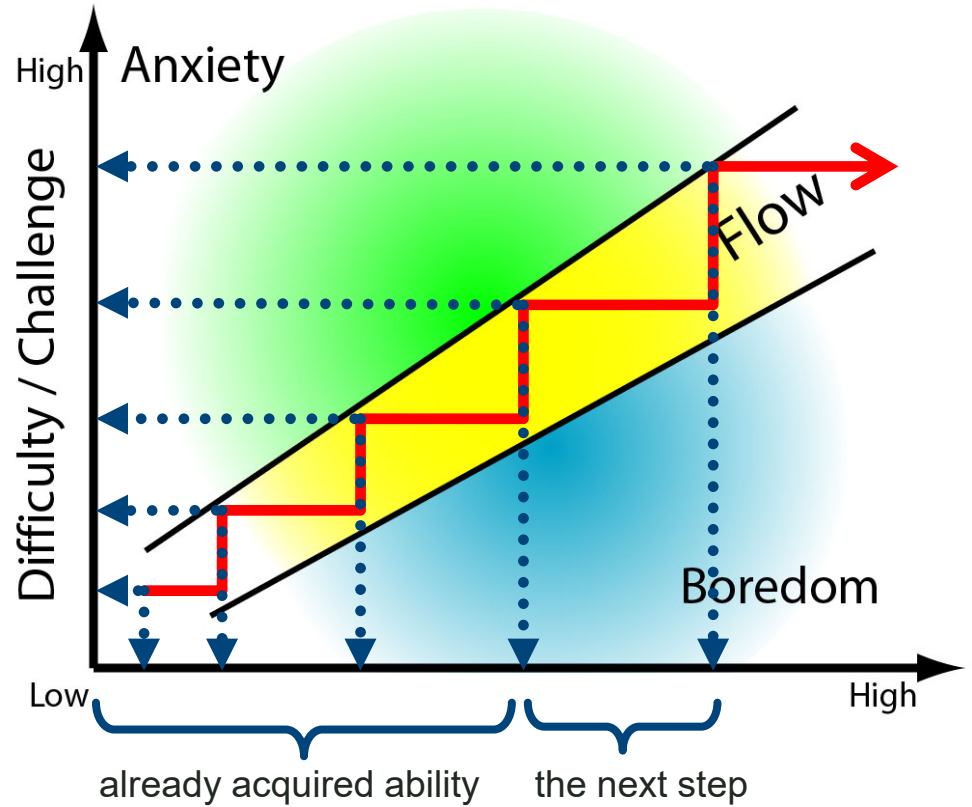
- IRL matching challenge to people's skills exactly is hard
- they are either too easy (boring) or too hard (frustrating)



# getting to flow



games → habit formation ≈ behavioral addiction





in theory

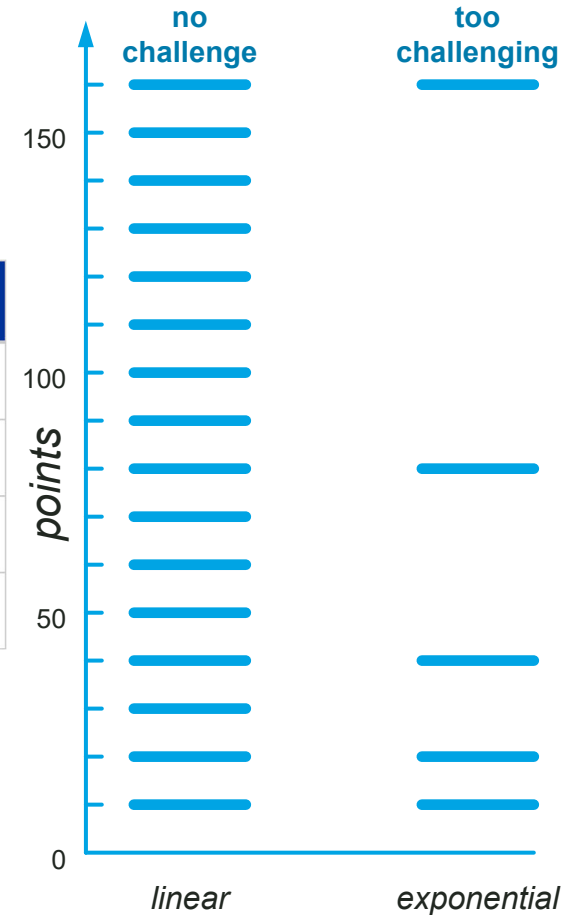
**we want to keep the  
player in the flow zone,  
but how do we do this in  
practice?**

# typical level-up criteria

## linear—arithmetic progression

- 10, 20, 30, 40, 50, etc... (fixed difference between levels)
- example: United Airline

2016 Qualification requirements Applies to qualifying activity for status through the following Program year	PQM (and PQD for U.S. residents)	or	PQS (and PQD for U.S. residents)
To reach Premier Silver	25,000 (and \$3,000)	or	30 (and \$3,000)
To reach Premier Gold	50,000 (and \$6,000)		60 (and \$6,000)
To reach Premier Platinum	75,000 (and \$9,000)		90 (and \$9,000)
To reach Premier 1K®	100,000 (and \$12,000)		120 (and \$12,000)



## exponential—geometric progression

- 10, 20, 40, 80, 160, 320, etc... (fixed ratio between levels)
- example: many out of the box gamified software (apps) use this type of progression

# a better level-up criteria

## linear—arithmetic progression

- 10, 20, 30, 40, 50, etc... (fixed difference between levels)
- example: United Airline

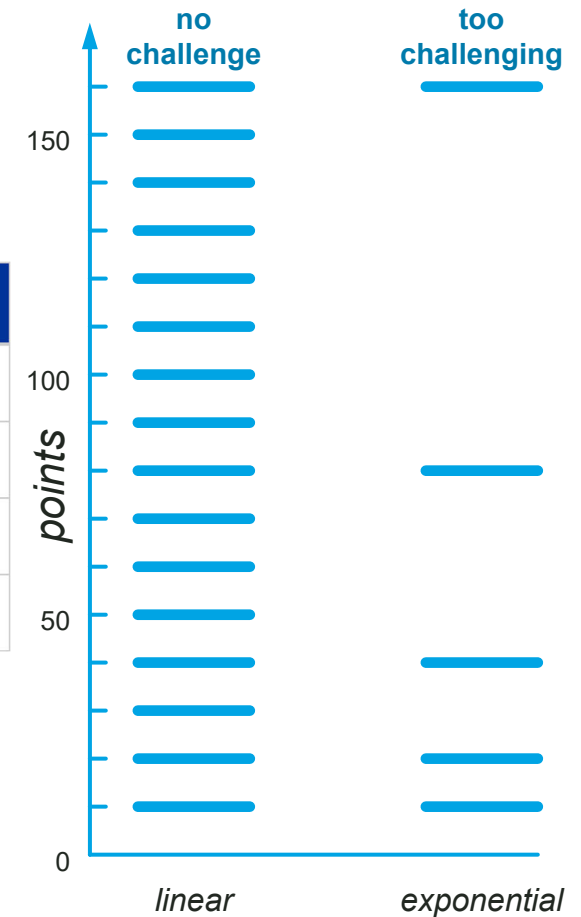
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# a better level-up criteria

## linear—arithmetic progression

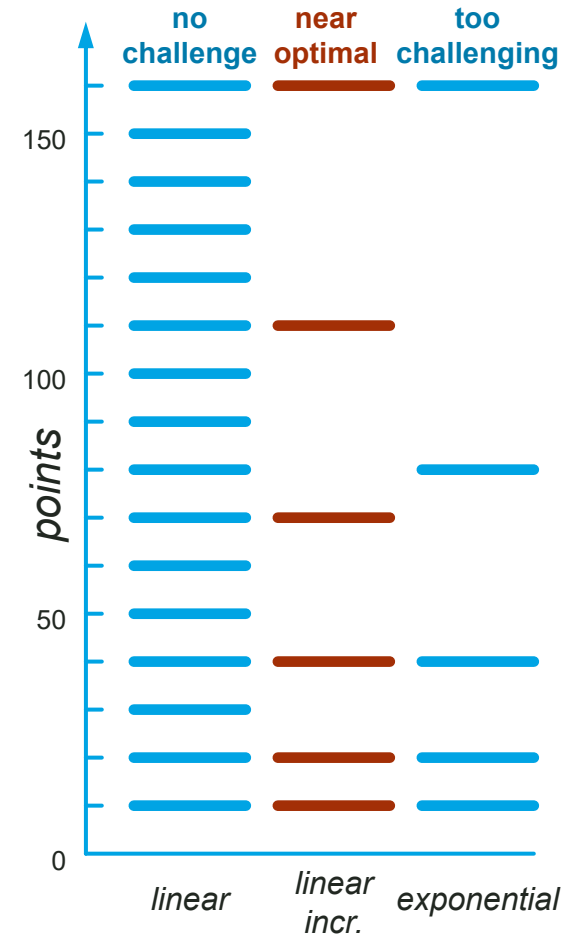
- 10, 20, 30, 40, 50, etc... (fixed difference between levels)
- example: United Airline

## exponential—geometric progression

- 10, 20, 40, 80, 160, 320, etc... (fixed ratio between levels)
- example: many out of the box gamified software (apps) use this type of progression

## near optimal progression—linear increment

- 10, 20, 40, 70, 110, 160, etc...
- the increment (or the difference between levels) is linear  
10, 20, 30, 40, 50





# the linear increment formulae

## you determine

- $c$  — the criteria to achieve top level
- $n$  — how many levels do you want to have

the formula for near-optimal leveling criteria to get to top level is  $c(n) = \frac{d}{2}(n + n^2)$

## fixing United's loyalty program

- $c = 100,000$  miles for top level 1K
- $n = 4$  levels

2016 Qualification requirements <small>Applies to qualifying activity for status through the following Program year</small>	PQM <small>(and PQD for U.S. residents)</small>	
To reach Premier Silver	<b>25,000</b> <small>(and \$3,000)</small>	$c(1) = 5000 \cdot (1 + 1) = 10k$
To reach Premier Gold	<b>50,000</b> <small>(and \$6,000)</small>	$c(2) = 5000 \cdot (2 + 4) = 30k$
To reach Premier Platinum	<b>75,000</b> <small>(and \$9,000)</small>	$c(3) = 5000 \cdot (3 + 9) = 60k$
To reach Premier 1K®	<b>100,000</b> <small>(and \$12,000)</small>	$c(4) = 5000 \cdot (4 + 16) = 100k$

1. solve the formula for  $d$ :

2. compute near-optimal leveling criteria:



tenet #5

**level up in baby  
steps towards your  
goal**

A close-up photograph of a person's hands typing on a laptop keyboard. The laptop screen is visible in the background, displaying lines of HTML code in a dark theme. The code includes tags like <table>, <tr>, <td>, <a href="http://www.example.com/">, <img alt="image"/>, <div style="line-height: 22px;>, <tbody><tr>, <td align="center">, <table align="center" width="140" border="0" cellpadding="0" cellspacing="0" style="letter-spacing: 1px;" class="title-color">, </tbody></tr>, <tbody><tr>, <td align="center">, <table align="center" width="140" border="0" cellpadding="0" cellspacing="0" style="font-size: 20px;">, </tr>, </tbody></table>, </td>, </tr>, </tbody></table>, </tr>, </tbody></table>, </tr>, </tbody></table>. A white coffee cup is visible on a saucer to the right of the laptop. The lighting is soft and focused on the keyboard and hands.

**it's a lot easier for software engineers to learn  
behavior science than the other way around**

# gamification from a different lens

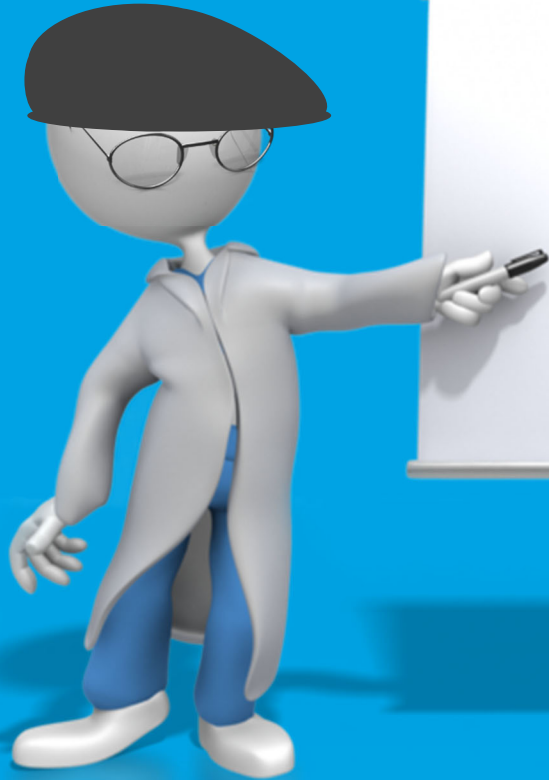




scalable  
interactive  
platform

psychology

big data  
analytics



**thank you, q&a,**

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